

THE ROLE OF ARTIFICIAL INTELLIGENCE IN ADVANCING GIRLS' EDUCATION - OPPORTUNITIES AND RISKS

Asst. Prof. V. P. Garule

Assistant Professor, (Communication and Extension Education), Department Home Science, Smt. Vatsalabai Naik Mahila Mahavidyalay, Pusad, Dist. Yavatmal, Maharashtra, India

Abstract

Artificial Intelligence (AI) has emerged as a transformative force in education, offering innovative solutions to enhance learning outcomes and bridge gender gaps. This review paper explores the role of AI in advancing girls' education, focusing on both opportunities and risks. AI-powered tools such as personalized learning platforms, virtual classrooms, and intelligent tutoring systems have the potential to improve access, engagement, and retention for girls, particularly in marginalized and remote communities. However, significant challenges accompany these opportunities, including algorithmic bias, ethical concerns, privacy issues, and the risk of widening the digital divide. The review synthesizes recent research findings, highlighting strategies for leveraging AI to promote equity while addressing associated risks. The study emphasizes the need for inclusive policies, ethical frameworks, and capacity-building initiatives to ensure AI-driven education fosters gender equality and contributes to the Sustainable Development Goals.

Keywords: Artificial Intelligence, Girls' Education, Educational Technology, Personalized Learning

Introduction

Education is a fundamental driver of individual and societal wellbeing. Yet globally, girls face persistent barriers to equal educational opportunity—ranging from socio-cultural norms and safety concerns to resource constraints and teacher shortages. Artificial intelligence (AI) technologies from adaptive tutoring systems and natural language processing (NLP) to predictive analytics and chatbots are increasingly deployed in education. The core question of this review is: How can AI be used to advance girls' education, and what risks must be mitigated to ensure equitable, safe, and effective outcomes

Objectives of the Review

The primary objectives of this review are to:

1. Examine how AI technologies enhance access, quality, and equity in girls' education.
2. Identify key risks, including algorithmic bias, privacy, and safety issues.
3. Suggest strategies to leverage AI for achieving Sustainable Development Goals (SDG 4 and SDG 5).

Review of Literature

Research on Artificial Intelligence (AI) in education has grown rapidly, especially concerning its potential for promoting gender equity. The following sub-sections synthesize key findings from previous studies:

AI and Educational Access

AI technologies such as adaptive learning platforms and automated assessment tools have been identified as potential solutions for improving educational access. According to UNESCO (2023), AI-enabled tools can bridge learning gaps in remote

areas where traditional educational infrastructure is lacking. These tools offer flexibility in learning pace and style, which benefits girls facing cultural or household restrictions.

AI in Personalized Learning

Holstein and Doroudi (2021) highlight the role of AI-driven personalized learning in enhancing student engagement. For girls, this means tailored content that considers diverse learning needs and avoids stereotypes. Intelligent tutoring systems provide individualized feedback and support, reducing dropout rates in STEM fields.

Opportunities for Girls' Education

AI-powered chatbots, language translation tools, and virtual classrooms have enabled greater participation of girls in learning activities, especially in multilingual or low-resource settings. Technovation (2024) reports that AI training programs have significantly improved girls' confidence in STEM careers, aligning with global goals for gender equality in education.

Ethical Challenges and Bias

Despite opportunities, ethical issues persist. Yin and Pan (2024) found that AI algorithms often replicate gender biases present in historical data, leading to discriminatory recommendations in learning platforms. Gillani et al. (2023) further emphasize the lack of transparency in AI decision-making, which undermines trust and accountability.

Privacy and Security Risks

Xie et al. (2023) observed that AI-based surveillance tools used in classrooms can create stress among female learners due to cultural sensitivity and safety concerns. Data protection

remains a major issue, particularly where policies on student privacy are weak.

The Digital Divide

The World Bank (2024) notes that infrastructural gaps limit AI adoption in low-income regions, disproportionately affecting girls. Digital literacy programs must accompany AI integration to ensure inclusivity and prevent the deepening of existing disparities.

Conceptual framing: Why AI matters for girls' education

Several mechanisms explain why AI could have gender-differentiated effects in education:

- **Access & flexibility:** AI-enabled remote learning and low-cost intelligent tutors can reach girls who face mobility constraints or competing time demands (e.g., household responsibilities).
- **Language & literacy support:** NLP tools can assist girls learning in non-dominant languages or those with lower literacy by offering scaffolds and translation.
- **Safety & wellbeing:** AI tools (moderation, risk-detection) can help detect online harassment or early signs of school dropout.

These mechanisms highlight that AI is not gender-neutral — its design, deployment context, and governance determine whether outcomes are empowering or harmful

Opportunities: How AI can advance girls' education

-Increasing access and flexible learning

AI-powered platforms enable asynchronous, self-paced learning, which benefits girls constrained by caregiving, safety concerns traveling to school, or irregular attendance. Low-bandwidth AI solutions and downloadable personalized content can extend reach in rural and remote areas.

-Personalised learning to close gaps

Adaptive learning systems dynamically adjust difficulty, pacing, and content format. For girls who may start behind due to earlier inequities, personalisation can accelerate catch-up learning without stigma.

-Language support and inclusive content

NLP and speech technologies can support instruction in local languages, provide reading support, and convert text to speech. This is especially important where girls' literacy in the language of instruction lags behind boys'.

-Teacher augmentation and capacity building

AI tools can reduce teacher workload (grading, diagnostics), provide lesson recommendations, and

offer professional development tailored to teachers' needs. Better-supported teachers are positioned to give more equitable attention to girls in classrooms.

-Early-warning systems for retention and wellbeing

Predictive analytics can flag students at risk of dropping out or experiencing poor psychosocial wellbeing, enabling timely interventions (mentoring, counselling), which can be particularly beneficial for girls vulnerable to early school-leaving due to marriage or economic pressures.

-Gender-responsive content and career encouragement

AI-curated content can proactively expose girls to role models, STEM pathways, and non-traditional careers, mitigating stereotype-driven educational choices.

Risks and Challenges

-Bias & Representation

AI systems trained on biased datasets may reproduce stereotypes—such as marginalizing non-English speakers or under-represented castes in India.

-Digital Divide & Inequity

AI's benefits often require devices, connectivity, and digital literacy—resources that girls, especially in rural or low-income settings, may lack

-Critical Thinking & Dependency

Several studies warn that over-reliance on AI may stifle learners' critical thinking and motivation, as students may become passive consumers rather than active thinkers.

- Privacy & Safety Concerns

AI systems collect sensitive data; for minors—especially girls—this raises high-stakes risks. Parliamentary inquiries have flagged online grooming and misuse of student data via AI tools.

-Algorithmic Opacity

Opaque AI models limit accountability. Researchers have highlighted the need to make AI systems in education more interpretable so educators and students can trust and contest decisions.

-Lack of Infrastructure & Policy

In many developing contexts, weak digital infrastructure and absence of gender-inclusive regulatory frameworks make safe, equitable AI adoption difficult.

Recommendations for Implementation

Area	Recommendation
------	----------------

Area	Recommendation
Design & deployment	Use AI tools that support local languages, offline use, and transparent biases. Ensure female representation in development and mentoring programs like Tech novation that empower girls to built with AI.
Equity & access	Invest in infrastructure and digital literacy specifically targeting girls in underserved areas.
Teacher & student training	Provide AI literacy and privacy training; equip educators to interpret AI outputs and teach girls how to use AI responsibly.
Ethics & oversight	Mandate bias audits, data minimization, informed consent, and transparency. Embed human-in-the-loop oversight in high-stakes systems.

Conclusion

Artificial Intelligence offers transformative opportunities for improving girls' education through personalized learning, flexible access, language support, and teacher empowerment. When implemented responsibly, AI can help overcome systemic gender barriers, enabling girls to achieve parity in educational attainment and expand pathways to higher education and STEM careers. However, the risks are significant. Gender bias in algorithms, widening digital divides, privacy threats, and online safety concerns can undermine these gains. If left unchecked, AI could reinforce existing inequalities instead of reducing them. The path forward requires a gender-responsive, equity-driven approach:

- Inclusive design involving female learners and educators.
- Robust governance for bias audits, data privacy, and algorithmic transparency.
- Infrastructure investments to ensure equitable access in low-resource settings.
- Teacher and student AI literacy programs to foster responsible and ethical use.

Ultimately, the success of AI in advancing girls' education will depend on human oversight, policy safeguards, and community engagement. AI is not a replacement for teachers or supportive ecosystems but a tool that, when governed ethically and deployed inclusively, can accelerate progress toward SDG 4 (Quality Education) and SDG 5 (Gender Equality).

References

1. Gillani, N., Eynon, R., Chiabaut, C., & Finkel, K. (2023). Unpacking the "black box" of AI in education: Interpretability, transparency, and accountability. *arXiv preprint arXiv:2301.01602*. <https://arxiv.org/abs/2301.01602>
2. Holstein, K., & Doroudi, S. (2021). Equity and artificial intelligence in education: Will AIED amplify or alleviate inequities? *arXiv preprint arXiv:2104.12920*. <https://arxiv.org/abs/2104.12920>
3. Porayska-Pomsta, K., Holmes, W., & Nemorin, S. (2024). The ethics of AI in education: Principles and practices for equitable use. *arXiv preprint arXiv:2406.11842*. <https://arxiv.org/abs/2406.11842>
4. Technovation. (2024, August 2). AI job training for women and girls: Global initiatives for gender equity in tech. *Axios*. <https://www.axios.com/2024/08/02/ai-job-training-women-girls-technovation>
5. UNESCO. (2023). *AI and education: Guidance for policymakers on gender equality in digital learning environments*. UNESCO Publishing.
6. World Bank. (2024). *AI in schools: Opportunities, challenges, and realities for the future of learning*. Vienna Development Knowledge Center. <https://www.worldbank.org/en/programs/vienna-development-knowledge-center/brief/ai-in-schools-opportunities-challenges-realities-for-the-future-of-learning>
7. Xie, J., Wang, J., & Zhang, Y. (2023). Artificial intelligence in education and students' social adaptability: A mediating role of family and teacher support. *Frontiers in Psychology, 14*, 10022785. <https://doi.org/10.3389/fpsyg.2023.10022785>
8. Yin, Y., & Pan, H. (2024). Gender bias and equity issues in AI-driven educational platforms: A systematic review. *Sustainability, 16*(20), 8992. <https://www.mdpi.com/2071-1050/16/20/8992>
9. Zhang, W., & Li, L. (2025). ChatGPT-assisted robotics design for gender-neutral STEM education: Opportunities and limitations. *Education Sciences, 15*(6), 711. <https://www.mdpi.com/2227-7102/15/6/711>